



BIOSÜDTIROL



Organic farmer Anna serves: Apple juice and berries.

Preparation: 15 minutes

Difficulty: Easy

Ingredients (4 servings)

- 4 Gold Rush apples
- 200 g of strawberries
- 2 bananas
- 200 g of raspberries
- 200 g of blueberries

Preparation

Wash the fruit, remove the cores from the apples and chop them into pieces. Put the fruit in the juicer. Serve the fruit juice with a smile.

Anna's suggestion

You can vary the fruit depending on tastes and the seasons. For a sweeter version, we recommend adding honey. Enjoy!