



BIOSÜDTIROL

Organic farmer Rosi serves: Apple fritters

Preparation time: 15-20 minutes

Difficulty: easy

Ingredients (4 servings)

3-4 **Bonita** apples
130 g organic flour
130 ml organic milk
eggs
2 tablespoons sugar
a pinch of salt
rum
vanilla sugar
lemon
oil
cinnamon
icing sugar

Preparation

Peel and core the apples, and cut them into 1 cm-thick slices. Put the flour into a bowl, stir in the milk a little at a time, and then add an egg yolk, lemon, vanilla and rum. Add a pinch of sugar and salt to the egg white, and beat until stiff. Fold the beaten egg white into the other ingredients. Dip the slices of apple into the mixture one by one and fry them in boiling oil until golden brown. Sprinkle with cinnamon and icing sugar. Serve them with a smile!

Rosi's Tip:

If you want to make these fritters a bit lighter, you can add beer to the dough. Enjoy!